

On Experiencing Delight in a World of Suffering

Every piece of art that has ever been created, every song that has been sung, every loving moment--each has existed along side unspeakable suffering, horrors inflicted by nature and human nature. I must embrace love, beauty and delight even while my heart aches. I cannot wait for the world to be better. I need to fully experience now the fragments of heaven that surround me and those that I have worked so hard to bring into being.

-- Valerie T

Tradition: Humanism

Region: North America

