

*When I go into the garden with a spade, and dig a bed, I feel such an exhilaration and health that I discover that I have been defrauding myself all this time in letting others do for me what I should have done with my own hands. -Ralph Waldo Emerson, writer and philosopher (1803-1882)*

*-- Ralph Waldo Emerson, philosopher (1803-1882)*

Tradition: Enlightenment Philosophy

Region: North America

